

December 2015

Quiet Pines Schedule of Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		8:30 Remember When 9:00 Musical Moments 10:00 Decking the Halls 11:00 Mind Puzzles 1:00 Chair Exercises 2:00 Crafts 3:00 Concert by Mary Hall 4:30 Social Hour	8:30 Headlines 9:00 Visits with LuLu 10:00 manicures 11:00 Wii Bowling 1:00 Chair Exercises 2:00 Church (Willow Ridge) 2:30 Coffee/Refreshments 3:30 Games with Friends 4:30 Social Hour	9:00 Community Engagement 10:00 Craft Preppers 10:15 Catholic Mass 11:00 Chair Yoga (DVD) 1:00 Songs with Joyce 2:00 Tenant Meeting (RCAC) 4:30 Social Hour/ Trivia	8:30 Eldergames 9:30 String Quartet 10:00 Moments from the Bible 11:00 Special Music (W.R.) 1:00 Christmas Cookie Decorating Contest 2:00 Chair Exercises 3:30 Popcorn & Movie 4:30 Social Hour National Cookie Day	9:00 Headlines 10:00 Chair Yoga (DVD) 11:00 Community Engagement 2:30 Bingo with Shannon 4:30 Social Hour
6	7	8	9	10	11	12
9:00 Spiritual Music 10:00 Chair Yoga (DVD) 2:30 Hymn Sing with Wayne & Laura 4:00 Church Willow Ridge 4:30 Social Hour	9:00 Community Engagement 10:00 massages by Tonya 11:00 Chair Chi (RCAC) 1:30 Choir Practice 2:30 Coffee Group 4:00 Lobby Crosswords 4:30 Social Hour	8:30 Remember When 9:00 Musical Moments 10:00 Mind Puzzles 11:00 Awaken the Senses 1:00 Chair Exercises 2:00 Cooking/Baking 4:30 Social Hour	8:30 Headlines 9:00 Visits with LuLu 10:00 manicures 11:00 Wii Bowling 1:00 Chair Exercises 2:00 Church (Willow Ridge) 2:30 Coffee/Refreshments 3:30 Games with Friends 4:30 Social Hour	9:00 Bags for Ruby's Pantry 10:30 Big Screen Movie 11:00 Chair Yoga (DVD) 1:00 Songs with Joyce 2:30 Balloon Volleyball(RCAC) 4:30 Social Hour/Trivia (Trinity Lutheran Church Carolers)	8:30 Eldergames 9:00 Balloon Volleyball 10:30 Karen & the Geezers 1:00 Chair Exercises 2:00 Crafts- Christmas Cards 3:30 Popcorn & Movie 4:30 Social Hour	9:00 Headlines 10:00 Chair Yoga (DVD) 10:00 Little Falls Livewires 4-H carolers' walk through 11:00 Community Engagement 2:30 movie or games 4:30 Social Hour
13	14	15	16	17	18	19
9:00 Spiritual Music 10:00 Chair Yoga (DVD) 2:30 Friendly Strolls 4:00 Church Willow Ridge 4:30 Social Hour	9:00 Community Engagement 10:00 Lounge Chats 11:00 Chair Chi (RCAC) 1:30 Choir Practice 2:30 Gingerbread Houses 4:00 Lobby Crosswords 4:30 Social Hour	8:30 Remember When 9:00 Musical Moments 10:30 Special Music (W.R.) 11:00 Mind Puzzles 1:00 Chair Exercises 2:00 manicures 4:30 Social Hour	8:30 Headlines 9:00 Visits with LuLu 10:30 Special Music (W.R.) 11:00 Wii Bowling 1:00 Chair Exercises 2:00 Church (Willow Ridge) 2:30 Coffee/Refreshments 3:30 Games with Friends 4:30 Social Hour	9:00 Community Engagement 10:00 Chair Yoga (DVD) 11:00 Crafts (RCAC) 1:00 Songs with Joyce 2:00 Birthday Celbration 4:30 Social Hour/ Trivia	8:30 Eldergames 9:00 Balloon Volleyball 10:00 Moments from the Bible 11:00 Awaken the Senses 1:00 Chair Exercises 2:00 Crafts 3:30 Popcorn & Movie 4:30 Social Hour	9:00 Headlines 10:00 Chair Yoga (DVD) 10:30 Riverbend Choir Concert/ Quilt Show 2:30 movie or games 4:30 Social Hour
20	21	22	23	24	25	26
9:00 Spiritual Music 10:00 Chair Yoga (DVD) 2:30 Hymn Sing with Wayne & Laura 4:00 Church Willow Ridge 4:30 Social Hour	9:00 Community Engagement 10:00 massages by Tonya 11:00 Chair Chi (RCAC) 1:30 Christmas Carols 4:15 Christmas Social Denise Johnson Harp Mr. & Mrs. Claus visit Winter Begins	8:30 Remember When 9:00 Musical Moments 10:30 Mrs. Busse's 4th graders' visit 1:00 Chair Exercises 2:00 Cooking/Baking 4:30 Social Hour	8:30 Headlines 9:00 Visits with LuLu 10:00 maniucres 11:00 Wii Bowling 1:00 Chair Exercises 2:00 Church (Willow Ridge) 2:30 Coffee/Refreshments 3:30 Games with Friends 4:30 Social Hour	Christmas memory box (all day) 9:30 Chair Yoga (DVD) 10:30 Andy Williams Christmas Special 1:30 "Let's Travel" (RCAC) (Christmas around the World) 3:30 Lobby Crosswords 4:30 Social Hour Christmas Eve	Christmas memory box (all day) 9:30 Chair Yoga (DVD) 10:00 Community Engagment 2:00 Christmas Party 3:30 Popcorn & movie 4:30 Social Hour Christmas Day	9:00 Headlines 10:00 Chair Yoga (DVD) 11:00 Community Engagement 2:30 movie or games 4:30 Social Hour
27	28	29	30	31		
9:00 Spiritual Music 10:00 Chair Yoga (DVD) 2:30 Friendly Strolls 4:00 Church Willow Ridge 4:30 Social Hour	9:00 Community Engagement 10:00 Lounge Chats 11:00 Chair Chi (RCAC) 1:30 Christmas Carols 2:30 Coffee Group 4:00 Lobby Crosswords 4:30 Social Hour	8:30 Remember When 9:00 Musical Moments 10:00 Mind Puzzles 11:00 Awaken the Senses 1:00 Chair Exercises 2:00 Cooking/Baking 4:30 Social Hour	8:30 Headlines 9:00 Visits with LuLu 10:00 maniucres 11:00 Wii Bowling 1:00 Chair Exercises 2:00 Church (Willow Ridge) 2:30 Coffee/Refreshments 3:30 Games with Friends 4:30 Social Hour	9:30 Yoga (DVD) 10:00 Craft Preppers 11:00 Crafts (RCAC) 1:00 Songs with Joyce 2:00 Balloon Volleyball 4:00 New Year's Eve Party 4:30 Social Hour/Trivia 5:30 Game Buffet		