

Riverbend Schedule of Events

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|--|---|---|
| 1 9:30 Yoga 10:30 Walking Club/ Stationary Biking 2:30 Independent Polish Poker 4:30 Social Hour 5:30 Residnet's Choice | 2 9:30 Yoga 11:00 Chair Chi 1:30 Choir Practice 3:00 Lobby Crosswords 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 3 9:30 Yoga 11:00 Chair Chi 1:30 Material Handlers 3:00 Wii Games 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 4 9:30 LuLu Visits/Yoga 10:30 Crafts 1:00 Finishing Lines 2:00 Church (W.R.) 2:30 Themed Social 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 5 9:30 Yoga 10:30 Catholic Mass 1:00 Tenant Meeting 2:30 Pokeno 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 6 9:30 Yoga 10:00 Spiritual Reflections 11:00 Chair Chi 1:30 "Say it with Music" 3:00 Educational Lecture 3:00 Independent 500 4:30 Social Hour 6:00 Movie & popcorn | 7 9:30 Yoga 10:30 Walking Club/ Staionary Biking 2:30 Bingo with Shannon 4:30 Social Hour 5:30 Resident's Choice |
| 8 9:30 Yoga 10:30 Walking Club/ Staionary Biking 2:30 Hymn Sing with Wayne & Laura 4:30 Social Hour 5:30 Resident's Choice | 9 9:30 Yoga 11:00 Chair Chi 1:30 Choir Practice 3:00 Lobby Crosswords 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 10 9:30 Yoga 11:00 Chair Chi 1:30 Material Handlers 3:00 Outdoor Games 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 11 9:30 LuLu Visits/Yoga 10:30 Crafts 1:00 4 Pictures/1 Word 2:00 Church (W.R.) 2:30 Themed Social 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 12 9:30 Yoga 10:30 Book Club 1:00 Virtual Adventures various resident requests 2:30 Pokeno 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 13 9:30 Yoga 10:00 Spiritual Reflections 11:00 Chair Chi 1:30 "Say it with Music" 3:00 Educational Lecture 3:00 Independent 500 4:30 Social Hour 6:00 Movie & popcorn | 14 9:30 Yoga 10:30 Walking Club/ Stationary Biking 2:30 Ind. Polish Poker 4:30 Social Hour 5:30 Resident's Choice |
| 15 9:30 Yoga 10:30 Walking Club/ Stationary Biking 2:30 Independent Polish Poker 4:30 Social Hour 5:30 Residnet's Choice | 16 9:30 Yoga 11:00 Chair Chi 1:30 Choir Practice 3:00 Lobby Crosswords 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 17 9:30 Yoga 11:00 Chair Chi 1:30 Material Handlers 3:00 Farkle Around 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 18 9:30 LuLu Visits/Yoga 10:30 Crafts 1:00 Word Ladder 2:00 Church (W.R.) 2:30 Themed Social 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 19 9:30 Yoga 10:30 Catholic Rosary 1:00 Food Committee Mtg 2:30 Pokeno 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 20 9:30 Yoga 10:00 Spiritual Reflections 11:00 Chair Chi 1:30 "Say it with Music" 3:00 Educational Lecture 3:00 Independent 500 4:30 Social Hour 6:00 Movie & popcorn | 21 9:30 Yoga 10:30 Walking Club/ Staionary Biking 2:30 Bingo with Shannon 4:30 Social Hour 5:30 Resident's Choice |
| 22 9:30 Yoga 10:30 Walking Club/ Staionary Biking 2:30 Hymn Sing with Wayne & Laura 4:30 Social Hour 5:30 Resident's Choice | 23 9:30 Yoga 11:00 Chair Chi 1:30 Choir Practice 3:00 Lobby Crosswords 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 24 9:30 Yoga 11:00 Chair Chi 1:00 Material Handlers 3:00 Tenzi 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 25 9:30 LuLu Visits/Yoga 10:30 Crafts 1:00 You be the Judge 2:00 Church (W.R.) 2:30 Themed Social 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 26 9:30 Yoga 10:30 Let's Travel! (monthly destinations) 1:00 Music with Craig 2:00 Birthday Celebration 2:30 Pokeno 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | 27 9:30 Yoga 10:00 Spiritual Reflections 11:00 Chair Chi 2:00 Karen & the Geezers 3:00 Independent 500 4:30 Social Hour 6:00 Movie & popcorn | 28 9:30 Yoga 10:30 Walking Club/ Stationary Biking 2:30 Ind. Polish Poker 4:30 Social Hour 5:30 Resident's Choice |
| 29 9:30 Yoga 10:30 Walking Club/ Stationary Biking 2:30 Independent Polish Poker 4:30 Social Hour 5:30 Residnet's Choice | 30 9:30 Yoga 11:00 Chair Chi 1:30 Choir Practice 3:00 Lobby Crosswords 4:00 Educational Lecture 4:30 Social Hour 5:30 Resident's Choice | | | | | |